

## **Message-based Study**

Video is available online at [messages.visitccc.com](http://messages.visitccc.com)

### **Connection**

Describe a time when you experienced a small kindness from someone that meant a lot to you. Why was it so meaningful?

### **Cheer and Challenge**

How did your "I will..." statement go? Share your experience on doing your "I will..." statement from last week's study.

Did you have a chance to follow through on the B.L.E.S.S challenge from last week? If so, tell about your experience.

### **Content**

- Read Galatians 5:22-23 - What is something about each of the qualities of the Fruit of the Spirit we have covered over the last four weeks that you want to remember?
- Read Galatians 5:22-23 and I Corinthians 13:4-7 - Kindness is listed right after patience. How do you think those two are interrelated?
- In our culture, it is possible that the greatest enemy to kindness is busyness. Jesus had a "Theology of Interruption." Share an example from Jesus's life that showed this.
- Does busyness keep you from being kind? If so, what could you change to create more room for showing kindness?

### ***By understanding kindness, you can develop a habit of being kind.***

#### **Everyday Kindness**

- Read Acts 27: 27-28:10 - What acts of kindness did the people of Malta show to Paul and the shipwrecked people?
- The people of Malta were sensitive, willing, resourced, and active in demonstrating kindness. Describe a time in your life when you extended kindness in any of these ways.
- Being sensitive to others is where kindness begins. How sensitive have you been recently to the people in your own home or those who are closest to you? As you look at the Fall months ahead, what challenges do you anticipate?

## Extraordinary Kindness

- Read Titus 3:3-7. List all the things Jesus did for us as explained in these verses. How is this extraordinary kindness?
- Take a moment to ponder this salvation which was purchased for you. Is there anything you are seeing in a new way as you think about this right now?
- What is your story of when you first responded to the kindness offered in a relationship with Jesus?

## **Commitment**

How will you live out the truth from these passages this week? Take time to create and “I will...” statement of something you can do this week to demonstrate kindness in your sphere of influence.

“I will \_\_\_\_\_.”



B.L.E.S.S – S- Share Your Story – Write out, in 2-3 sentences, what it looked like for you to respond to God’s kindness when you first accepted Jesus as your Savior.

Now PRAY...LOOK...DO: PRAY for someone to cross your path this week who you could share that brief story with. LOOK for a chance to share those 2-3 sentences about Jesus’ kindness. Then DO it!

## **Close**

Pray together and for each other.

